



P.O. Box 568, Beaverton, OR 97075

**ORRC Board of Directors Meeting - Minutes**

**October 10, 2023, 7:30 pm**

**Via Zoom**

Recording at: [https://youtu.be/XuzxSt5\\_CLQ?si=Bcjk81MEGiZ6Xrtd](https://youtu.be/XuzxSt5_CLQ?si=Bcjk81MEGiZ6Xrtd)

**Attendance:**

- Present: Mark Barrett, Daniel Brewer, Margie Palmrose, Valerie Pratt, Julia Reisinger, Tracy Reisinger
- Absent: Alan Cabelly
- Guests: Bonny Benton, Hal Brockman, Deb Brown, Carol Craig, Joe Dudman, Nicki Halin, Debbie Hall, Fabiola Lopez, Joe Lopez, Karen Strong, Charissa Yang

7:31pm Call to order by Tracy Reisinger, President

**Approve minutes of September 19, 2023 (Tracy Reisinger)**

- Margie Palmrose moved to approve the minutes
- Daniel Brewer seconded the motion
- The motion was approved by a vote of 6-0

**Upcoming Events:**

- Dual Duel (Daniel Brewer)
  - ❖ Encouraging people to bring their own water, but will provide water with cups at the event
  - ❖ Fabiola & Joe Lopez will bring bananas
  - ❖ Tracy & Julia Reisinger will pick up 2 cakes from Costco (to celebrate 50th running of event)
  - ❖ It is not a regular walking event, so walkers who don't race-walk should be in the 5K stride before the relay
- Turkey Trot (Mark Barrett)
  - ❖ Mark is going to Italy so will be out of touch for 2 weeks
  - ❖ Registration is just under 900 so are on track for about 2000
  - ❖ Mark, Dave Cook and Hal Brockman met to divide up responsibilities
  - ❖ Still need some leadership position volunteers (need someone to set up inside the Zoo, a lead at the Cascade Grill for registration, and a lead at the Tot Trot finish line)

- ❖ Hal is setting up the course outside the Zoo
- ❖ Bonny Benton is in charge of finish line food and coffee
- ❖ After some discussion about pricing and logistics it was decided NOT to offer coffee
- ❖ Margie Palmrose volunteered to take lead position at the finish line, so Mark can take on the Cascade Grill area
- ❖ Bonny thinks Judy West will help (she will ask)
- ❖ We're on track
  
- Ralph's Run (Mark Barrett)
  - ❖ Permit request is in process
  - ❖ They have a new logo
  - ❖ Trying to decide on a give-away item (mittens?) But short notice so might be spendy
  - ❖ Would like to alternate 3-4 items over the years (e.g. mittens year one, hat year two, scarf year three, etc. then cycle back to mittens)
  - ❖ Will not do finisher medals
  - ❖ The shirt is optional
  
- Award Banquet (Julia Reisinger)
  - ❖ The board approved the list of award recipients
  - ❖ Registration is open
  
- Hagg Mud (Mark Barrett)
  - ❖ Mark talked with Ryan Bourdo (co-RD) and they started the permit process
  - ❖ Registration is open
  - ❖ Do we want to live stream? Mark will contact RDs and also research the cost to live-stream
  
- Champoeg (Valerie Pratt)
  - ❖ Valerie can't get a hold of Helen Thurlow. Tracy will try and contact her to confirm if she still wants to be a co-RD
  - ❖ Bonny Benton suggested asking the Takazawa's if they would be willing to help (they are prior RDs)
  - ❖ Margie Palmrose and Mark Barrett volunteered to help
  - ❖ Valerie talked with a boy scout troop to see if they could help
  - ❖ We need to open up registration soon. Tracy and Valerie will meet up virtually to go over RunSignup and pricing
  
- Vernonia (Mark Barrett)
  - ❖ Registration is up
  - ❖ Jeff Huber is setting up the team registration for the quad relay

- ❖ Do we want to live stream? It was free last year (as a demonstration event). Mark will research the cost. \$5,000 is too high to do it. Perhaps we can get a discount for two events? (Hagg Mud and Vernonia)
- 1200 Club (Julia Reisinger)
  - ❖ Registration opens October 14
  - ❖ Julia added a list of people on the website who have completed 1200 miles each year since inception (10 years)
  - ❖ Julia is thinking of giving medals to people who complete 1200 miles five times, and 10 times, but not sure if it's worth it

### **Treasurer's Report (Valerie Pratt)**

- Valerie shared reports showing the income and expenses of administering the club, as well as income and expenses from races
- We are currently \$35,000 in the hole, but that's because Turkey Trot just opened registration. Last year at this time we were \$48,000 in the hole, so we are better than last year.
- Garlic Festival lost \$3,600 but we "made it through it!"
- Best Dam Run had about \$790 profit
- Turkey Trot is ahead of schedule from last year
- She is looking for another bank (leave Wells Fargo). They have really poor customer service (we've had to ask 3 times for a new credit card)
- She is meeting with Onpoint. They have better interest rates for their bundle savings account, and CDs. She is just checking to see if they allow accounts for non-profits

### **Cupless Discussion (Tracy Reisinger)**

- We got a lot of feedback from race surveys, Facebook, emails and in person
- We need to stop calling our events "cupless" because we offer cups, we just have to decide which kind of cups to offer (compostable cups are cheaper)
- Options?
  - ❖ Keep using silicone cups but try and communicate more how to use them, and re-use them after picking them up at aid stations (after washing them)
  - ❖ Give out silicone cups at the start, but offer compostable cups at aid stations
  - ❖ Stop using silicone cups and use only compostable cups
- Margie Palmrose didn't like the idea of washing cups because there are regulations in restaurants about temperature requirements, and such that we don't know if we'd be in compliance with safety regulations. She would prefer just using compostable cups
- Bonny Benton thought that whatever we decide someone is not going to be happy. She thought instead of silicone cups maybe we could use just 6 oz kiddy cups, drop, collect, wash, re-use. But it's the same issue of washing and re-using that could be a safety issue

- Valerie Pratt said there are not enough volunteers to do re-usable cups. She doesn't mind pushing people to bring their own cups, but the current silicone cups we offer are "wonky" to use
- Daniel Brewer asked the process for filling re-usable cups at aid stations
- Mark Barret said there are rapid fill spigots for self-service at aid stations
- Hal Brockman said we have rapid fill spigots but they are all broken
- Mark Barrett understands that asking people to bring their own "vessels" works for trail events, but road races are different, and it hasn't really worked. He knows ORRC is committed to being "eco-friendly" and encourages ride sharing and carpooling. Could we incentivize people bringing their own "vessels"? (e.g. a free gift or a discount?)
- Tracy said that for now we will encourage people to bring their own "vessel", and she will research compostable cups, including how we dispose of them after each event (is there a place in Portland that accepts compostable cups?)
- Bonny would like us to buy cups that are as small as possible (people don't need

### **Post Meeting Notes on Being "Cupless":**

Tracy Reisinger researched compostable cups, and found there is no place in Oregon that accepts them for recycling. She also discovered that instead of "composting" they actually break down into "micro-plastics" that are bad for the environment. So we don't want to purchase them.

### **She proposes we:**

- ❖ Give out the silicone cups until we run out, but don't re-order.
- ❖ Go back to using paper cups (not compostable)
- ❖ Stress that ORRC is trying to be "eco-friendly" and encourages people to bring their own "vessels", and carpool, and other ideas we can research later

### **Elections (Tracy Reisinger)**

- We have a process in place (sending out a google form/survey to all members on Monday, December 4)
- The form tracks all responses and calculates the results
- We will turn off the form on Friday, December 8
- We want someone not on the ballot to monitor results, and turn on and turn off the form (to avoid the appearance of conflict of interest)
- Daniel volunteered to find someone to monitor the election (he is a notary), but it was mentioned that Karen Strong, who helps with the Facebook page is a notary as well, and is not running for the board, so she could possibly do it. Tracy will contact her
- We have 13 candidates. They need at least 50% of the total votes cast to be elected
- Bonny suggested we send an email to everyone in November explaining the process and reminding people to have their dues up to date if they want to vote.
- Tracy confirmed that there will be a special e-newsletter devoted entirely to the election in November, and the e-newsletter that is going out this week will be a "meet the candidates"

issue, and also call for more nominations if people want to self-nominate or nominate someone else (they have to be current members and be willing to serve for 2 years)

- We are creating an “election” page on the website to explain the process and post pictures of all the candidates with bios for members to see (so they know who they are voting for)
- Daniel preferred a “candidates statement” instead of a bio, so he will provide that for the newsletter and webpage
- We will add a “write-in” option on the ballot, and since nominees need to have at least 50% of all votes cast to be elected, just writing a name won’t get that person on the board

### **Bylaws As Part of Election (Charissa Yang)**

- Charissa is looking at sample bylaws from RRCA, and Red Lizards
- She is hoping to have a first draft ready in a few weeks
- The board will review the draft and approve it at the November meeting
- The new bylaws will be on the ballot as well for members to approve (voting either yes or no)
- On the ORRC webpage we’ll have links to the current bylaws, and the draft new bylaws for members to compare before the election, and an explanation as to why we are re-writing them

### **Pay it Forward Fund (Mark Barrett)**

- Mark would like ORRC to have an account to help people who can’t afford race entry
- Possible ideas for funding this could be:
- An option where people who volunteer can choose between the \$50 coupon, or donating the \$50 instead to the Pay It Forward Fun
- Have a button people can directly donate to the fund when registering for our races
- Have a statement on each race webpage that says something to the effect of “if you can’t afford our race entry, let our race directors know!” (and it would be up to each RD to decide (more informal)
- Margie Palmrose asked if Val would need to have a separate account within the budget (Valerie confirmed she would)
- Valerie Pratt thought we could ask people if they would like to pay \$5 extra when paying their membership to “help welcome people to our events” since “we want to see more of you!”
- Bonny asked how we would set it up (when volunteering or when registering for an event) Perhaps with an option to donate to a charity (of race director’s choosing) or this fund?
- Mark volunteered to do more research on how this could work

### **Free or Discounted Rate for High School Students (Mark Barrett)**

The conversation about the Pay It Forward fund is the same for a discounted rate for high school students. Mark will research this as well

### **Generic Awards for ORRC Events (Tracy Reisinger)**

- We want to celebrate people completing their first race, their first 5K, first 10K etc. Ideas included taking pictures of people holding a sign after the event that said “my first 5K” or wearing a sash that said “my first 10K”, but we would keep the sign or sash for next person
- Bonny Benton said she liked the idea of giving out special “bibs” (in addition to the regular bibs people would wear), that said “my first 5K”
- Mark and Bonny volunteered to research the bib idea and possibly have it ready for Ralph’s Run in January
- Valerie thought her husband, Ken could help

#### **Last place award**

- The last place award would be for people who come in last to stress that last place is just as important as first place.
- It was decided to name it the “caboose” award.
- Daniel Brewer didn’t like the idea of putting too much attention on someone who might not like being last
- Mark Barrett said it has been embraced at other races he’s seen it
- Tracy and Julia will find “golden cabooses” to hand out at Ralph’s Run in January (3 of them... one for each distance)

**Next Meeting:** Tuesday, November 14, 2023, 7:30pm

The meeting concluded at 8:58pm