

Columbia Bank/ORRC Turkey Trot at the Zoo

- 8:00 AM First Wave (4 mi) Run**
- 8:10 AM Second Wave (4 mi Walk)**
- 8:20 AM Third Wave (4 mi) All**
- 8:30 AM Late Wave (4 mi) All**

Starting at 9:30 AM, Tot Trot, four waves
Mile splits will be marked. Three noncompetitive events: a run, a walk and a trot just for kids. The run/walk events start in front of the Forestry Center and finish in the Zoo's concert amphitheater. The Tot Trot starts and finishes inside the Zoo.

Four "Wave" Start

Four "wave" start: Runners at 8:00 AM, walkers at 8:10 AM, Runners and walkers at 8:20 AM and Late starts and others at 8:30 AM Catch the "wave"!

1/2 Mile Tot Trot

Register or packet pickup at Cheatham Hall. The Tot Trot starts in 4 waves inside the Zoo. Free long sleeved T-shirts to every pre-registered kid age 11 or younger (Nov. 1 cutoff for guaranteed kid's shirt).



It's Easy to Register

- * By mail if received by Nov. 5.
- * Online (until Nov. 12 or registration closes) at runsignup.com/Race/OR/Portland/ORRCTurkeyTrotattheZoo
- * Special Early Sign Up discount off the Pre-Registration Rate if registered before Aug. 24 or Sept. 24 for discounts.

Early Packet Pickup

Cheatham Hall (Forestry Center) on Wed., Nov. 23 12:00 - 5:45 PM (avoid the crowd!).

Day of Event Registration

Cheatham Hall, 7:00 to 7:45 AM, On Thanksgiving Morning, Event is limited to the first 3,500 entries.

Day of Event Pickup

Cheatham Hall (Forestry Center), starting at 7:00 AM. Runners and walkers should be registered, have their packets and be ready to start by 7:45 AM. Tot Trot: Be ready by 9:45 AM.

T-shirts Will be Sold; "Tech" Shirts

Registration fee does not include a T-shirt (except for under-12 kids), so be sure to include your T-shirt purchase for \$18 with your entry by 10/17 (or supply ends). Also, a limited quantity (300) of "tech" (micro fiber) shirts may be purchased for \$24 until 10/17 (or supply ends).

Drop Bags

Provided at Cheatham Hall to check extra clothing. Retrieve yours after the run/walk is over.

Water Stops

Water will be provided on the course for everyone.

Only paid registrants will be able to enter the Zoo. Discounted admission is available for spectators after 8:00 AM. One parent for each registered Tot Trot Participant will receive a free admission Coupon at registration.

Columbia Bank / ORRC Turkey Trot at the Zoo. Thanksgiving, November 24, 2016

M F 12 12 64 65
for Zoo purposes Age on Event Day.

Name: Last _____ first _____

Address _____

City _____ State _____ Zip _____ email _____

Phone _____

Release Form (mandatory). In consideration of my entry, I for myself, my heirs, executors, administrators, and assigns, waive, release, and discharge any and all rights, claims or damages against any of the Oregon Road Runners Club, the Oregon Zoo, Road Runners Club of America, Metro, City of Portland, Columbia Bank, and all participating sponsors and directors, volunteers, employees and agents of such parties for all claims of damages, demands, actions, whatsoever in any manner arising or resulting from my participating in said event. I attest and verify that I have full knowledge of the risks involved in the event, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, and that I am physically fit and sufficiently trained to participate in this event, and grant permission to use photographs and other records of me in the event for any legitimate purpose.

Signature of athlete or parent (if participant is under 18) _____

	Run	Walk	Tot Trot	Early Sign Up (By Aug. 24)	Pre-Registration (By Sept. 24) (By Oct. 24)	Late/Day of Event (After Oct. 24)
<input type="checkbox"/> 4 Mile Run or Walk - Adult Rate*				\$25	\$30	\$40
<input type="checkbox"/> Youth Rate (age 11 & under)				\$10	\$15	\$25
<input type="checkbox"/> Family rate (Max. 2 Adult Rate and 3 Youth, immediate family - fill out & sign separate entry form for each participant)				\$70	\$80	\$100

DISCOUNTS & ADDITIONS: *Discount: Current ORRC Member, subtract \$5 from Adult Rate

T-Shirt Order: ADD \$18 for Long-sleeve Shirt \$24 for "tech" (microfiber) Long-sleeve Shirt

Adult Shirt: S M L XL XXL

Kids Shirt: XS S M L

Sign me up as an ORRC member (I'll qualify for race discount). Enclosed is an additional \$45 individual or \$70 family membership, good until December 2017, payable to ORRC.
Mail to: ORRC, PO Box 2115, Gresham OR 97030

TOTAL AMOUNT ENCLOSED: \$ _____

Please make check payable to ORRC

Limited Parking; Take the Max!

Oregon Zoo has limited parking for a fee (\$1.60 per hour after 9:30 AM). Ride **Tri-Met**. Call 503-238-RIDE for the Holiday schedule for MAX times. Earn \$5 in ORRC Bucks for riding Max to the event. (Good for apparel or ORRC race fees through 2017 Turkey Trot)

Restrictions

No pets, bikes, or rollerblades allowed. Strollers and child carrier backpacks allowed only in the Third Wave or Late Wave. Walkers and runners share the same course.

More Info

(503) 646-7867
turkeytrot@oregonroadrunnersclub.org
Leave a message and one of our volunteers will call you back.

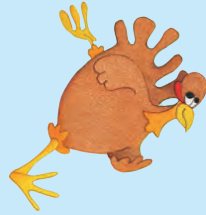
Volunteers Needed

Phone (503) 646-7867 or email to turkeytrot@oregonroadrunnersclub.org if you can help out before, during or after the events, even if you're not sure how, give us a call and we'll find the perfect job for you. The Zoo animals and Turkey Trot thank you!

Sponsors

A big "thank you!" to **COLUMBIA BANK**, our prime corporate sponsor - **a great place to do your banking.**

Benefit: Approx. \$25,000 of entry fees go to benefit the Oregon Zoo. Some proceeds also go to ORRC, a 501 (c)(3)"not-for-profit" organization.



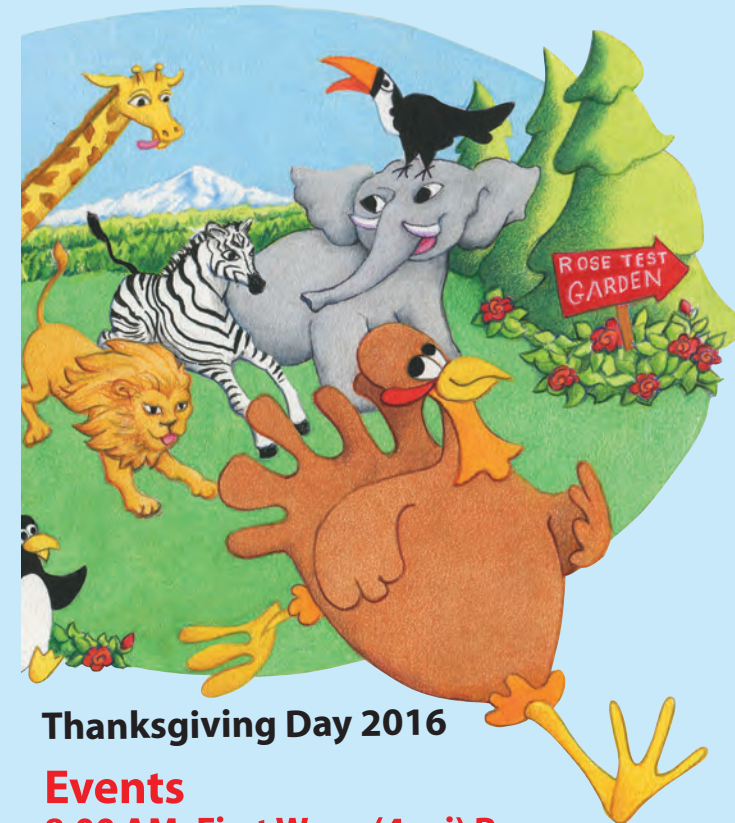
P.O. Box 2115
Gresham, OR 97030



COLUMBIA BANK /
OREGON ROAD RUNNERS CLUB

Turkey Trot

At the Zoo 2016



Thanksgiving Day 2016

Events

- 8:00 AM First Wave (4 mi) Run
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- 8:20 AM Third Wave (4 mi) All
- 8:30 AM Late Wave (4 mi) All

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